1. Why are we here?

We have normalized and internalized the idea that we can use other animals in many ways: as food, for entertainment, for clothing, to perform experiments on their bodies, etc. The belief that we can use their bodies and their lives however we want has terrible consequences for them: captivity, exploitation, abuse and death. We believe it is time to change the ideas and institutions that turn the lives of other animals into a nightmare.

2. What is antispeciesism?

It is the movement that questions and rejects the idea of human superiority over other species, denouncing the exploitation and subjugation of other animals, and promoting more ethical and just ways of living toward all sentient beings.

3. What can you do?

• Get informed and question what you've been taught about animals.
• Start seeing the animals around you for what they are: sentient beings with their own lives and relationships. Neither threatening monsters nor stuffed toys, but rather fellow inhabitants of the planet or neighbors.
• Pay attention to the animals who live on the streets: pigeons, parakeets, rats, cats... If any of them are in trouble, pick them up and take them to a veterinarian.
• Make the switch to veganism: it is a consistent way to reject the speciesist violence we usually inflict on other animals.
• Share this message and join the fight for a fairer world. There are many collective initiatives fighting against speciesism that you can join and support on a regular basis or occasionally.

Animal liberation is social justice.